



**Larry Bernstein, VMD , CVH,
CVA, PHom.**

Dr. Larry Bernstein graduated the University of Pennsylvania veterinary school in 1977 and has extensive conventional medical and surgical experience. He has been using alternative medicine since 1991. He is certified by IVAS in Acupuncture, the AVH in homeopathy, the Dynamis School and New England School of Homeopathy in Human Homeopathy and has advanced training in chiropractic, as well as, herbology.

He began extensive study with Dr. Richard Pitcairn in 1993 and was one of the earliest veterinarians certified in homeopathy by the Academy of Veterinary Homeopathy. He has also completed advanced diploma courses with Jeremy Sherr and Paul Herscu in human homeopathy and teaches extensively. He has a 100% holistic practice in Florida where he both sees clients and does telephone consultations in homeopathy all over the world with the assistance of his wife Karen.

He is Past President of the following organizations:
Academy Of Veterinary Homeopathy
American Holistic Veterinary Medical Association
South Florida Veterinary Medical Association
South Florida Veterinary Foundation
and a recipient of the Florida VMA Gold Star Award

**About Natural Holistic
Health Care**

Natural Holistic Health Care was founded in 1992. Since that time we have gone from a part-time to a full- time holistic practice. Due to our extensive conventional and holistic experience spanning 35 years, we also specialize in providing our clients with realistic options and guidance in complex, serious cases. Some of the holistic modalities available through our practice include:

- Classical Homeopathy
- Acupuncture
- Chiropractic
- Herbal Therapy
- Nutritional & Nutraceutical Therapy
- Reiki and other Hands On Healing
- Counseling and Hospice Care

Every case is unique and may require one or more of these tools. We feel it is important that we all work together to achieve the best possible results for our patients. This usually requires a daily regimen and you should be prepared to take an active role in the healing process.

Please visit us on the Web at

www.naturalholistic.com

for a complete guide to our services and an interactive introduction to homeopathy.

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Revised April, 2011

**Natural Holistic
Health Care**



*Holistic Healing and
Preventative Care
For Ourselves and
our Animal
Companions*

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About Our Practice

We are a 100% holistic practice and try to avoid any conventional medications in your animal's care. Many of our complex cases come to us already on drugs and we will never take them off without your consent and understanding of the options. Depending on your animal's needs and our interpretation of the case, we offer homeopathy, acupuncture, herbs, chiropractic, nutrition, flower remedies and will recommend conventional therapies when clearly required.

On Site and Long Distance Consultations

We are able to help in most situations even though we may not be able to see your animal in person due to travel constraints. To do this, we will need to talk to you at some length (initial consultation) to determine the patient's pattern of illness. Videos, photos and the newer technologies are very helpful in these cases. Once we understand the situation, medical records are reviewed and the case is analyzed, a homeopathic medicine is prescribed. Other recommendations often include diet and appropriate nutritional supplements where indicated. We highly recommend that your animal have a referral from your local veterinarian. As a specialty practice, we prefer, whenever possible, to have a veterinary referral so there is someone nearby to do a physical examination or run diagnostic tests where required. Please have your veterinarian fax medical records and a referral note. If they are unwilling to do so or you do not feel comfortable with asking them, please let us know and we can make alternate arrangements.

How We View Illness

In most of our cases, the illness is a chronic one, e.g., long lasting and requiring treatment over several months. For this therapy to have the highest chance of success, regular appointments are necessary. In homeopathic cases we have an initial consultation and then regular follow-up appointments every 1 - 4 weeks (depending on the severity of the case). These follow-up consultations are usually 15-30 minutes in length. The treatment protocol will be adjusted as necessary depending on progress. Interim reports are by e-mail, fax or phone. If the situation is an acute problem, such as an injury or acute manifestation of an illness, we may need

to consult more often during the crisis. These situations often need more immediate care and respond differently than chronic, long standing problems. Acupuncture and other non-homeopathic modalities require hands on visits. These are usually weekly for the initial few visits and then they spread out as the case begins to respond. We ask that you make the mental commitment for 6-8 visits although many cases respond quickly and require less visits.

Commitment and Case Time

Since we want to do the very best for our patients, we prefer to only take on clients that are as committed to healing as we are. This may sound arrogant but the saddest part of practice, is to pour your heart and soul into a case, start making real progress and have the client decide that it is too much work to follow the regimen. On the other hand, one of the greatest joys of practice is to see the dedicated client with the "hopeless" case achieve a state of health that conventional medicine deemed impossible.

Upon having agreed to make this commitment, we schedule a consultation to discuss the case in detail and begin therapy. This includes a medical history, the current symptoms and any other relevant factors. We discuss what you can reasonably expect from therapy and whether this is the correct modality for your situation. In homeopathic cases this initial, extended intake is what usually takes the most time as we are gathering all the history and pertinent information together for the first time. Depending on the complexity of the case, this takes about 60 - 90 minutes with you directly and perhaps another 30 minutes in analysis and conference time deciding on the most appropriate remedy and treatment protocol. Acupuncture and related cases usually require an initial 60-90 minute appointment with 30-60 minute follow-ups visits.

Our Charges

Our charges are based on the time we spend on the case, at an hourly rate. This applies to time talking to you, consulting with other veterinarians, reviewing medical records, reading and responding to e-mail or fax reports, doing a homeopathic analysis or other case related time. If we see you in person, there is also an

office visit charge. Basically, we charge for time spent on the case - meaning consultation time, office visit time, and case analysis time. Follow-up appointments are based on the same fee structure. As of April, 2011 that hourly rate was \$180.

Methods of Payment

Consultations require a credit card to secure an appointment (Mastercard, Visa, American Express or Discover), a Paypal or a prepaid account for payment of services. Long distance consultations are then billed via credit card. In person appointments may also pay by check or cash. We cannot bill. There is an initial \$35 non refundable file creation fee that will be fully applied to your initial consultation.

Becoming a Client

If you would like to explore becoming a client with us, please follow these steps:

1. Go to www.naturalholistic.com
2. Click on the button "New Client Information"
3. Read the Required Information
4. Complete the On-Line Client Information Form
5. Print, Complete, Sign and Fax (or Scan and e-mail) the Authorization.
6. Once we have received both items we will open a file and call you to schedule an appointment .

We cannot take on every client but, if we cannot take your case, we will do our best to help you find a colleague who can help you. We are only human and the large number of calls make it necessary to prioritize our callbacks. If you do not hear back from us within 24-48 hours then contact us. We try to get back to everyone but our first obligation is to the patients already under our care.

Our Pledge

If we decide to work together, you have our pledge that we will do our very best to help you or your animal. Our goal is a complete cure of the problem, regardless of the diagnosis. Of course, some patients have been ill too long for a complete cure, but we will do our best to improve the quality of life.